

Merry Christmas!

FROM MITSPA HOUSE



Dear Friends,

We are very excited to bring you some great news which has happened since our last newsletter!

Three mothers and six children were reunited with the fathers of the children and their families!

After many months of individual and couple's counselling, and facing challenges like finding a job or a place to stay, we are happy that the fathers stepped up to their roles and responsibilities, and fought for their children and family to be reunited.

Times like these make all the challenges worthwhile, and as Christmas is here, we are reminded that God chooses mothers to fulfil His great plan in every child's life. God Himself chose Mary to bring baby Jesus into the world, a baby who would take upon himself every challenge and difficulty we have ever faced, so that He could save us from our sins.

At Mitspa we strive to show young mothers, who have not had a good example of love, affection and acceptance from a parent, how to become responsible, caring, mums and how to take a stand, for the good of their children who are their absolute treasures.

The house is ready to receive more new mothers, to join those already staying in Mitspa House, at the beginning of the New Year, .

It is never easy for the remaining mothers during the holidays, they do not have a family or a home to go to, so please pray for them, that they can find joy in celebrating Christmas.

We are so thankful to God for you all, and for your amazing contributions to this life changing ministry, both in donations and through prayer!

Have a blessed and Merry Christmas and a Happy New Year! With a grateful heart,



Alexia Coleman

Hope in the Darkness

Daria had no hope for the future. She grew up in a children's home, and being one of many siblings in foster care was separated from them all, since she was 3 years old.

After turning 18, the state did not offer her any support, so she decided to get a job. Because things were difficult here, she decided to go abroad and work, as she had seen so many young people do, and it looked wonderful at first. Being young and naive, she got into the wrong crowd, and sadly ended up being trafficked by bad people, who posed initially as good friends.

With the help of some kind people, she managed to escape the nightmare, and came back to Romania where she met a young man who promised her love and a great future, but then she discovered she was pregnant.

Everything changed in that moment. Her young man wanted nothing to do with her and the baby. He pressured her to go abroad and find work, which she did, because she genuinely loved him. Once again she ended up being trafficked: the same people, the same nightmare. Hope faded more and more. It seemed nothing was working out for her. She was desperate...

But God watched over her again and again. The police got involved and this time she was able to get out of the situation and those involved were punished by law. When Daria got back to Romania, she received support and counselling through an organisation who work with victims of human trafficking.

After a while, she came to Mitspa House. Things were difficult for a while as she adjusted to a new born baby, so many changes, and a lot of trauma. The support and care she received at Mitspa House and also from the community around Mitspa, helped her on the way to healing and finding new meaning in life. Hope started to bloom little by little in her heart.

She began trusting again. She believed there was a plan for her life and her baby's too. She started wanting more from life and from herself. Currently she is about to graduate from vocational training and has a part time job, all the while having continued to be a devoted mother to her baby! Daria is an example of resilience, and courage, a wonderful encouragement for many other young mothers.

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11





- .\$40 / £30 DIAPERS/CHILD/MONTH
- .\$65 / £50 MEALS/MOTHER/MONTH
- •\$57/£43 BABY FORMULA/MONTH
- \$50/ £38 MEDICAL INSURANCE/MOTHER/MONTH
- . \$50/ £38 HEATING/MONTH
- \$1336/ £1058 RENT FOR THE HOUSE
- NEW MOTHERS AND BABIES COMING IN NEXT YEAR
- HOLIDAYS SEASONS AND THE MOTHERS
- OUR BABIES HEALTH AND PROTECTION
- · OUR STAFF



Mitspa House is a partnership between Missio Link International and European Christian Mission.















